

**Birner Dental Management Services, Inc.**  
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FOR IMMEDIATE RELEASE

March 12, 2014

**BIRNER DENTAL MANAGEMENT SERVICES, INC.  
DECLARES \$.22 QUARTERLY DIVIDEND**

DENVER, COLORADO, March 12, 2014. **Birner Dental Management Services, Inc. (NASDAQ Capital Market: BDMS)**, operators of **PERFECT TEETH™** dental practices, announced its regular quarterly dividend. The Company's board of directors has declared a quarterly cash dividend of 22 cents per share of common stock. The dividend is payable April 11, 2014, to shareholders of record March 28, 2014.

Birner Dental Management Services, Inc. acquires, develops, and manages geographically dense dental practice networks in select markets in Colorado, New Mexico, and Arizona. The Company currently manages 66 dental offices, of which 37 were acquired and 29 were de novo developments. The Company operates its dental offices under the PERFECT TEETH™ name.

Certain of the matters discussed herein may contain forward-looking statements that are subject to certain risks and uncertainties that could cause actual results to differ materially from expectations. These include statements regarding the cash flow and financial position of the Company and the ability of the Company to pay dividends. These and other risks are set forth in the reports filed by the Company with the Securities and Exchange Commission.

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